

## WESTERN CAPE ASSOCIATION FOR INFANT MENTAL HEALTH

## MARCHNEWSLETTER AND NOTICE OF MEETING

Our next meeting will be held on THURSDAY 17 March, 2016 at 7:30pm at the Outpatient Unit of the Division of Child & Adolescent Psychiatry, 46 Sawkins Road,

Rondebosch.



NANNIES AND INFANTS-What Psychoanalysis Can Offer Parents Thinking About Substitute Care BY JUDITH DAVIESDelegates fought for places to hear this presentation at GAIM conference so come early.

Judy is a Clinical Social worker and Child Psychotherapist, trained at Tavistock. She has been a pioneer in leading infant observation groups in South Africa and is now offering further courses on Parent-Infant psychotherapy.

**Previous Meeting**: PLAY WITH BABIES by Joan Raphael Leff. Joan again offered us lucid insights into the minds of Babies and how play grows their minds and capacities. Thanks to Prof Raphael Leff for her calm inclusive input.

**Community**:Community infant-mental-health-related project proposals still welcome. Please get your proposals to us

**Babies and Beyond Magazine:** See March international publication for our advertisement featuring the myths about tantrums .

Building up our resource base. Contributors to the resource base will be acknowledged and your contact details will be added to your selected article (or summary or exerpt thereof) so that there can be interaction around areas of interest. The information will be added to our webpage, <a href="www.infantmentalhealth.co.za">www.infantmentalhealth.co.za</a>Please send an e-mail to jeaninebeukes@telkomsa.net to give your input. Contributors will also be featured on our web page.

**A Few Admin Matters**: The yearly subscription is R350. All fees due now.

Early bird subscription R300 before March

Non-member guest contribution is R50 (in a named envelope, please).

Ad hoc guests are not eligible for CPD points.

Account details: WCAIMH; Standard Bank, Rondebosch,

Account no. 274916401. Branch code: 051001

Jeanine Beukes, Chairperson WCAIMH jeaninebeukes@telkomsa.net