



# ACPP

association of couple  
psychoanalytic psychotherapists

## **ACPP Couple Psychoanalytic Psychotherapy Training:**

The ACPP is offering a two-year Couple Psychoanalytic Psychotherapy Training, to commence in Durbanville in January 2017. A three-person model of psychoanalytic couple therapy (the couple state of mind) will be taught. This training is guided by the Tavistock Relationships model. Learning will be facilitated through readings grounded in a solid psychoanalytic base, attachment theory and object relations theory, as well as clinical case presentations. The group, with a minimum of 8 and a maximum of 10 group members, will meet weekly for 75 minutes and breaks will be scheduled in the school holidays, approximately 38 sessions in the year. Cost per seminar is R200, to be paid monthly. A commitment to the full course is required. CPD points will be applied for.

### **Criteria for application:**

1. Registration with the HPCSA or SACSSP.
2. A Masters degree in mental health or mental health training with additional experience such as a two year infant observation course, which would have equipped the candidate with some capacity for reflective or psychoanalytic thinking.
3. Participants would have had some personal therapy.
4. Some exposure to couple work, or the intention to start with a couple as soon as the course starts. Supervision of the couple work at least monthly with an ACPP member is recommended.
5. Willingness to commit to attend and pay for the two years of facilitated group training.
6. At the end of the course, and to further integrate learning, an informal case presentation or paper to the group will be encouraged.
7. Commitment to belong to an ongoing group for a further two years before receiving a certificate of full membership of the ACPP.

### **Training Committee:**

Frances Whitehead, Adrian Perkel, and Andrea Hill. Facilitators for 2017 are Kathleen Hanley and Heleen Meyer. Contact Kathleen Hanley or Heleen Meyer for an application form: [kathleenhanley@mweb.co.za](mailto:kathleenhanley@mweb.co.za), 083 267 5952, and [heleen.meyer0@gmail.com](mailto:heleen.meyer0@gmail.com), 078 893 7136.