



Greetings to all.

We hope that all who attended our July meeting enjoyed the presentation by Ruth Lundie on the role of faith based institution and the first thousand days. It was very interesting to learn about the research by Common Good, and the positive ways the results can inform and be implemented by Common Ground Church, to benefit children in their first thousand days. We look forward to seeing how the recommendations will be spread to other churches and organisations to support families during this vulnerable time. For those who missed the talk, or who would like to read the full research report, it can be downloaded here [www.commongood.org.za/early-life/](http://www.commongood.org.za/early-life/)

On 16<sup>th</sup> August, we will hear feedback from some of our members who attended the WAIMH conference in Rome. Astrid Berg will share about the Presidential Symposium, and specifically the presentation of Giampaolo Nicolais who spoke on the trauma dynamics that affect young refugees. Jenny Perkel will talk about Jay Belsky's presentation on the genetic concept of environmental susceptibility. Juane Voges will give feedback about Jenny Radesky's plenary lecture on Digital media and the dyad which includes information on the effects of the use of mobile devices by parents and children.

As mentioned at our July meeting, Dr Graham Music, a Consultant Child Psychotherapist and Associate Clinical Director at the Tavistock Clinic in London will be presenting a Day Seminar on Child Development this Saturday 4<sup>th</sup> August, as well as a public lecture on Cyberspace and Adolescent States of Mind at the Lung Institute on Monday 6<sup>th</sup> August. We have attached the flyers containing all the relevant information for those of you interested in attending.

Caroline (chairperson) and Jacqui (secretary) will be stepping down from the committee at the end of 2018 after 2 years. We invite nominations for new committee members to fill these positions. Please give this some thought and email us with names and suggestions over the next few months.

We look forward to seeing you all again at 7:30pm on Thursday 16<sup>th</sup> August at the Out-Patient Unit of the Division of Child and Adolescent Psychiatry (46 Sawkins Rd, Rondebosch, entrance in Liesbeek Rd). Visitors are very welcome to attend and are asked to bring R60 (in an envelope marked with your name please).

Warm wishes,

Caroline (chair)  
Barbara (treasurer)  
Jacqui (secretary)