

INFANT OBSERVATION SEMINARS

An Infant Observation Seminar is running in Cape Town and there are three vacancies available. This seminar is offered as a module in the Diploma in Therapeutic Communication Course. It can also be taken as a standalone course for clinicians working with both children and adults. The course is one of several offered by the Cape Town based Institute for Psychodynamic Child Psychotherapy.

Members of this seminar observe an infant in its own home, in interaction with family members, from birth for two years. The observation visits are weekly and last an hour.

Detailed notes of all that has been observed are made as soon as possible after the observation as the purpose of these observations includes the training of the observer in disciplined observation.

This includes the noting of his or her feelings and behaviour, and subsequent reflection.

The perspective adopted in mainly psychoanalytic but literature in child development research is referred to where appropriate. Particular emphasis is placed on an attempt to describe the infant's emotional and psychological experience as manifested in all aspects of his/her behaviour and early relationships. The object is the study of the growth of mind and personality of the infant and the familial context in which this may be facilitated or impeded.

The seminar is weekly and lasts 1¼ hours and has 5 or 6 members. Each member therefore has the opportunity to follow, in detail over two years, the early development of a number of babies.

The seminar is currently taught by Terri Blaszkiewicz. Terri will run the group from 2021.

Seminar Leader:	Terri Blaszkiewicz
Venue:	1 Rus in Urbe Avenue, Gardens
Time:	Tuesdays 11.30 -12.45pm
Starting Date:	January 2021
Cost:	R2250 per term – 10/12 seminars per term (3 terms)
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