# NINO ACADEMY

**Will be hosting a practical neuroscience workshop on 3rd & 4th February 2017**

**Venue : SASNEV - 4 Central Square, Pinelands**

**Perinatal neuroscience and skin-to-skin contact - The Neuroscience of Birth: Implications for your work and your life**

**PRESENTED BY DR NILS BERGMAN**

**MB ChB, DCH, MPH, MD**

**About the workshop:**

This workshop will cover the most recent developments in neuroscience, and what these mean for the “first 1000 days” )gestation and the first two years), with specific focus on the period around birth. This basic theory is illustrated in clinical studies, evidence-based medicine and “practice points”, which have implication for all health professional’s practices, as well as our personal lives! This extends as far as social and ethical implications; the workshop will include 4 ethics CPD points.

Day 1 will be focussed on Essentials of Neuroscience and implications for preterms development and the NICU and Day 2 will focus on the Full term infant. (So no applications for day 2 only please.)

(See attached program)

**Who should attend?**

* Medical practitioners, including obstetricians, paediatricians, neonatologists, psychiatrists, family physicians, general practitioners, chiropractors, Medical students, Community service etc
* Any other health care professional working with
  + Pregnant woman (relevant also to childbirth educators, midwives and doulas.)
  + Children of all ages, seen by therapists, psychologists, etc.
  + Premature born infants and neonates in general or with developmental delays
  + Interested parents prepared to follow professional jargon

For more information & to book a space, contact :

Kirsty Tito

[**info@ninobirth.org**](mailto:info@ninobirth.org)

**0613092512**

**[](https://www.facebook.com/pages/NINO-Birth/129078773928344?ref=stream)**

***Dr Nils Bergman***

*Dr Nils Bergman qualified in Cape Town, South Africa, He has a Diploma in Child Health, a Master’s degree in Public Health, and a Doctoral degree in Clinical Pharmacology, on the effects of scorpion stings. Nils worked as a mission doctor Zimbabwe from 1998, where he developed and implemented Kangaroo Mother Care (KMC) for premature infant’s right from birth, with dramatic improvement in survival of premature babies.*

*His last employed position was as Senior Medical Superintendent at Mowbray Maternity Hospital: since 2005 he has researched and promoted the cutting edge Neuroscience of skin to skin contact and is an honorary research associate at Karolinksa Institute, Sweden. He is co-author of the Cochrane review on “Early skin to skin contact” (Moore 2012), and has published 20 peer- reviewed publications on various aspects of newborn and premature care. He consults to hospitals in the USA and Europe and has given keynote addresses on KMC at International Conferences in six continents over ten years.*

Banking details (EFT) for payment:

**“NINO ACADEMY”**

**First National Bank,**

**Cost: R2500 for 2 day course**

**(R 1350** first day only

**Please make payment by EFT to**

**Account name NINO Academy**

**First National Bank**

**Claremont Branch 204209,**

**Account 62391509498**

**Reference (Surname)(Cape Town)**

Send payment confirmation and the details below to [info@ninobirth.org](mailto:info@ninobirth.org)

Closing date for registration is ONE week before the workshop.

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| --- | --- |
| **Surname** |  |
| **Name** |  |
| **Profession** |  |
| **HPCSA number** |  |
| **Email** |  |
| **Cell phone** |  |
| **Date of Payment** |  |
| **Dietary requirements** |  |
| **Attendance First day** | **YES NO** |
| **Attendance Second day** | **YES NO** |

We reserve the right to cancel the workshop at any time without prior notice. In such an event a full refund will be made.

Should you wish to cancel 7-14 days before the workshop, 90% refund will be applicable

Cancellations less than 7 days before the workshop will result in NO refund