



**WESTERN CAPE ASSOCIATION FOR INFANT MENTAL HEALTH**

## **APRIL NEWSLETTER AND NOTICE OF MEETING**

Our next meeting will be held on **THURSDAY 21 April, 2016 at 7:30pm** at the Out-patient Unit of the Division of Child & Adolescent Psychiatry, 46 Sawkins Road, Rondebosch.



### **Early Fatherhood Panel**

We are both privileged and delighted to have 3 professionals working in the Mental Health field sharing with us their Early Fatherhood days. They will focus on insights into their relationship and role changes. The aim is to highlight this often under-represented experience in the lives of Men and infants.

We welcome:

**Thulani Velebani:** Senior Trainer: MenCare and One Man Care Unit: Sonke Gender Justice

**Prof Crick Lund** of the Department of Psychiatry and Mental Health, UCT

**Shuaib Salie:** Community Development Practitioner/Fatherhood facilitator: The Parent Centre

**Previous Meeting:** NANNIES AND INFANTS- Judy Davies held us captive while sharing her simple observations and clear insights. Discussion regarding the rights of babies vs protecting the status quo was lively. Our ethical responsibility as practitioners remains, and information about separation and bereavement following the loss of a beloved Nanny, must be communicated .

**Babies and Beyond Magazine:** See April international publication for our advertisement featuring the myths about tantrums.

**Contributors to the resource base will be acknowledged and your contact details will be added to your selected article** (or summary or excerpt thereof) so that there can be interaction around areas of interest. The information will be added to our webpage, [www.infantmentalhealth.co.za](http://www.infantmentalhealth.co.za) Please send an e-mail to [jeaninebeukes@telkomsa.net](mailto:jeaninebeukes@telkomsa.net) to give your input.

**A Few Admin Matters:** The yearly subscription is R350. All fees due now.

Non-member guest contribution is R50 (in a named envelope, please).

Ad hoc guests are not eligible for CPD points.

Account details: WCAIMH; Standard Bank, Rondebosch,

Account no. 274916401. Branch code: 051001

**Jeanine Beukes , Chairperson WCAIMH [jeaninebeukes@telkomsa.net](mailto:jeaninebeukes@telkomsa.net)**

