



WESTERN CAPE ASSOCIATION FOR INFANT MENTAL HEALTH

**SEPTEMBER NEWSLETTER AND NOTICE OF MEETING**

Our next meeting will be held on **THURSDAY 17 September at 7:30pm** at the Out-patient Unit of the Division of Child & Adolescent Psychiatry, 46 Sawkins Road, Rondebosch

**Making Connections: Delivering an Infant Attachment Program in Cape Town-**

The triumphs and tribulations of the WCAIMH-funded work in low-income communities of Cape Town.

Presented by Caroline Sullivan and Debi Maskell–Graham



Also A **Puppetry theatre mini production of JUST HERE for toddlers-** Preverbal communication to assist tots in coping with hospital stays and moving to unfamiliar environments

“Just Here” is directed by Handspring puppeteer Gabriel Marchand, featuring Joanna Evans (“Born in the RSA”) and Roshina Ratnam (“Sadako”), with sound design by Pedro Espi-Sanchis (Pedro the Music Man).



### ***Debi Maskell-Graham***

*Debi has a Master's Degree in Play Therapy and nearly 30 years' experience in relational interventions and research. She is clinical director of Big Toes Little Toes, an NPO in the UK that offers training in evidence-based attachment interventions. She is the author of the book Baby Bonding, to be released next month.*

### **Caroline Sullivan**

*Caroline is a Cape Town-based Play Therapist, with a Master's Degree in practice based Play Therapy from Canterbury Christ Church University in the UK. Caroline has worked with children for the past 11 years in various capacities. She also has an Honours Degree in Psychology.*

**Previous Meeting:** Dr Nils Bergman gave us a superbly comprehensive, information laden presentation on the neurological facts underlying the infant's sleep. Once again we were reminded how important it is for baby to have close physical contact with Mom in order to sleep and grow. Thanks to Nils for his time and professional presentation.

**GAIMH Conference: Friday 30<sup>th</sup> – Saturday 31<sup>st</sup> October 2015** in Johannesburg. See website: [www.gaimh.co.za](http://www.gaimh.co.za)

The whole committee will be there to show their support in this initiative. Hoping it will be the start of much rewarding collaboration

**Community infant-mental-health-related project proposals welcome. Please get your proposals to us without further delay.**

Building up our resource base. **Contributors to the resource base will be acknowledged and your contact details will be added to your selected article** (or summary or excerpt thereof) so that there can be interaction around areas of interest. The information will be added to our webpage, [www.infantmentalhealth.co.za](http://www.infantmentalhealth.co.za) Please send an e-mail to [jeaninebeukes@telkomsa.net](mailto:jeaninebeukes@telkomsa.net) to give your input.

**.A Few Admin Matters:** The yearly subscription is R350. All fees due now.

Non-member guest contribution is R50 (in a named envelope, please).

Ad hoc guests are not eligible for CPD points.

Account details: WCAIMH; Standard Bank, Rondebosch,

Account no. 274916401. Branch code: 051001

**Jeanine Beukes , Chairperson WCAIMH** [jeaninebeukes@telkomsa.net](mailto:jeaninebeukes@telkomsa.net)