At the February meeting, we had a great turnout of existing members and potential new members. We do hope that everyone enjoyed the networking opportunity and want to thank those individuals who came to promote their services and products. We would like to **thank Sensory Kidzone** who brought a range of interesting toys and activities as well as **Playsense/ Nanny and Me, Jacqui Cooper and Julia Noble** who brought promotional material. We hope to continue the network opportunities and promoting and raising awareness of the amazing talent and skills present in the association. A special congratulations to **Lara Schoenfeld** who was the lucky winner of a year's membership to WCAIMH! **feedback** 



last month

Elvin Williams presented a thought-provoking talk on the topic **Attachment and Artificial Intelligence**, which gave rise to interesting discussions about how the developments in technology affects parenting practices.

The annual fee for the year remains **R375** Banking information is as follows: Account name: WCAIMH Standard Bank, Rondebosch Account number: 274916401, Branch code: 051001 Please use your **name** and **surname** as a reference and email **proof of payment** to our treasurer, Barbara (<u>b.kantor@iafrica.com</u>).

admin matters

We are excited to introduce our March speaker, Dr Kerry-Ann Louw, who is a consultant psychiatrist and senior lecturer at Stellenbosch University and her topic will be: Planting the Seed: Going Green in Infant Mental Health. She currently runs the consultation-liaison psychiatry services at Tygerberg Hospital and completed both her undergraduate and postgraduate training at the University of Cape Town obtaining her MPhil in Liaison Mental Health in 2015. Her special interests include the complex interactions between psychiatric and medical illnesses, chronic pain and women's

## mental health. march talk

We look forward to seeing you all again from 7:00 for 7:30pm on Thursday 28<sup>th</sup> of March at the Outpatient Unit of the Division of Child and Adolescent Psychiatry (46 Sawkins Rd, Rondebosch. entrance in Liesbeek Rd). Visitors are very welcome to attend and are asked to bring R60 (in an envelope marked with your name please). We are also in the process of exploring new ideas to arow the Association and we welcome any and all ideas and feedback. So please get in touch with us via email or via our Facebook page.

www.infantmentalhealth.co.za

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