



**Child Trauma Centre
Kinder Trauma Kliniek
Jelly Beanz Inc.**

& Baby Bonding (SA)
are proud to present
another seminar of high
caliber grounded in
evidence based theory
and practice.

Seminar by international expert

Pretoria: 10-12 September 2015

Cape Town: 17-19 September 2015

ATTACHMENT

Creating a positive foundation for relational, emotional & physical health & resilience

This 2-day attachment training course is for those practitioners who wish to extend their work and knowledge to playful therapeutic interventions with babies, toddlers and children and their parents/carers. It showcases a very gentle and safe method based on parent-child interaction including play, parental loving touch, authentic movement, baby/child observation, informal lullaby and music, all of which are used specifically to improve the *quality* of the early parent/carer-child attachment relationship. All of this is set within the new and groundbreaking research into what we now know about *how* parents change and *how* secure attachment is operationalised in the earliest relationship.



Debbi Maskell-Graham, has a masters degree in play therapy with nearly 30 years' experience in relational interventions and research. Debi has worked with the hardest-to-reach families and is passionate about helping parents/carers be the best they can be. She is the clinical director of Big-toes-little-toes, an NPO that offers training regarding evidenced-based attachment play interventions. Their programme has been implemented in Kenya, Thailand, India, Hong Kong, Uganda, Europe and South Africa. She is a consultant to the Department of Education, National Health System and Warwick Medical School in the United Kingdom. She is author of the book *Baby Bonding*, to be released in October 2015.

Rene Ohloff and Louise Patrick, the South African Baby Bonding partners, will be assisting in the seminar.

FEES: R2250

R1950 for registered NPO's

CPD points applied for

For more information &
bookings please contact
Natasha Botha on
072 233 3708 or
training@childtrauma.co.za

Programme



- Session 1: Welcome and overview of the course
- Session 2: Turning theory into practice: what is attachment and why does it matter? How does a gentle play-based approach work? Why is it so helpful? What kind of results can we expect?
- Session 3: What does baby bonding look like? A mini-session to enjoy
- Session 4: A framework to use for group and individual work including home-visiting
- Session 5: Working with our own “baby”: skilful use of a soft doll for modelling and mirroring; practical workshop
- Session 6: Putting baby bonding into practice; practical workshop
- Session 7: How do we measure improvements in attachment relationship? Pre- and post-measures, simple ways of collecting parent/carer stories
- Session 8: Adapting baby bonding for toddlers; practical workshop
- Session 9: Adapting attachment mechanisms used in baby bonding for older children: introducing Parent-Child Attachment Play; practical workshop
- Session 10: A final call for how society would be if all children enjoyed a secure and loving attachment with a parental figure. Questions and answers session. Details of online resources for free download.