



WESTERN CAPE ASSOCIATION FOR INFANT MENTAL HEALTH

MAY NEWSLETTER AND NOTICE OF CANCELLATION OF MAY MEETING

Unfortunately, the May meeting of the WCAIMH has had to be cancelled.

Our next meeting will be held on **THURSDAY 18 June at 7:30pm** at the Out-patient Unit of the Division of Child & Adolescent Psychiatry, 46 Sawkins Road, Rondebosch (Building A).

DR ZANDA JAQUIRE, an experienced psychiatrist with a Midas gentle touch with post-partum moms will be presenting: **A PEEK BENEATH THE SECRECY AND THE SHAME- Emotional problems accompanying surrogacy/egg and sperm donations** .

Previous meeting: Judith Davies on “Saying NO” - Judith helped us to reconnect with sound common sense and explored the dangers of powerless parenting where children do not have the security of firm boundaries. She also presented emotive clinical material to demonstrate the journey from a child’s tyranny into wholesome relatedness. Thanks again to Judith for the generous sharing of her skills with us.

GAIMH Conference: Please diarize this date Friday 30th – Saturday 31st October 2015. and make every effort to attend this conference in Johannesburg- See website: www.gaimh.co.za The whole committee will be there to show their support in this initiative. Hoping it will be the start of much rewarding collaboration.

A Few Admin Matters: The yearly subscription is R350. All fees due now. Non-member guest contribution is R50 (in a named envelope, please). Ad hoc guests are not eligible for CPD points. Account details: WCAIMH; Standard Bank, Rondebosch, Account no. 274916401. Branch code: 051001

Community infant-mental-health-related project proposals welcome. Please get your proposals to us without further delay.

We are pleased to announce that Caroline Sullivan has been granted funding by WCAIMH for her Baby Bonding Community Pilot Project at Carehaven. We wish her and her team well as they move out into the field. She will be giving us feedback on progress at our November meeting.

Contribution box: Let’s build on this please... a **reminder** to members to share information regarding infant mental health for our contribution pot. Alternatively, please send an e-mail to jeaninebeukes@telkomsa.net to give your input.

The information will be added to our webpage, www.infantmentalhealth.co.za, as a wonderful resource to refer to. Please browse on our updated webpage (courtesy of Kerry Brown)

Jeanine Beukes , Chairperson WCAIMH jeaninebeukes@telkomsa.net